

VEGETARIAN & VEGAN MENU

STARTERS

Soup of the Day £4.95

Served with locally baked bread.

**Pan Fried Sweet Potato,
Chestnut & Spring Onion Cakes** £5.95

Served with mixed leaves and
a tomato compote

Wild Mushroom, Pecan and Lentil Paté ... £5.95

Served with rocket and toasted croutes

**Tian of Chargrilled Vegetables
and Couscous** £5.70

Served with a herb salad, sun dried
tomato and basil oil

MAIN COURSES

Butternut Squash Carbonara..... £13.95

A sauce of butternut squash,
cashew nuts and lemon, with courgetti
spaghetti topped with nutritional
yeast flakes

Tomato and Coconut Cassoulet £12.95

A french stew with leeks, garlic,
Chilli, ginger, tomatoes, carrots
And cannellini beans

**Quinoa, Chick Pea
and Turmeric Curry**..... £13.50

Mild curry with tomato, coconut milk,
spinach and served with basmati rice

DESSERTS

Chocolate and Coconut Torte £5.50

Served with Raspberry Coulis