

## NIBBLES & SHARING PLATTERS

- ✔ **Bread and Olives** ..... £5.95  
Marinated Mediterranean olives with balsamic vinegar, olive and walnut oil & freshly baked local bread
- ✔ **Breadsticks and Dips** ..... £3.95  
Crisp breadsticks with aioli, baba ganoush and beetroot hummus
- ✔ **Marinated Mediterranean Olives** ..... £3.95  
Includes walnuts
- Fish Deli Board** ..... £17.95  
Smoked salmon, cocktail prawns, smoked mackerel pate and fresh crab meat with local bread, potato salad, chargrilled vegetables, salad and aioli
- ✔ **Vegetable Deli Board** ..... £13.95  
Marinated olives, baba ganoush, mozzarella, local bread, beetroot hummus, potato salad, chargrilled vegetables, cherry tomatoes, rocket, feta cheese and aioli

DON'T FORGET TO  
ASK ABOUT OUR  
DAILY SPECIALS

## SIDES

- Gourmet Chips** ..... £2.95
- Fries** ..... £2.75
- Sweet Potato Fries** ..... £3.95
- Garlic Bread** ..... £2.95
- Garlic Bread and Cheese** ..... £3.95
- Mixed Salad** ..... £2.95
- Seasonal Vegetables** ..... £2.95
- Bread & Butter** ..... £1.95

On any of our dishes, Gourmet Chips can be replaced with Sweet Potato Fries for a surcharge of £1.00

✔ - Vegetarian Dishes

## STARTERS

- ✔ **Gazpacho** ..... £4.95  
Chilled spicy tomato soup with cucumber salsa
- ✔ **Marinated Mozzarella Salad** ..... £6.25  
Mini mozzarella balls marinated in pesto with tomatoes, red onion, rocket & balsamic
- Crispy Fried Paprika Calamari** ..... £7.95  
With classic aioli
- Spicy Crab Cakes** ..... £6.95  
With rocket and lime mayonnaise
- Cantaloupe Melon** ..... £6.95  
Served with serano ham, feta salad with vinegar & lemon dressing
- Tuscan Chicken Liver Pate** ..... £6.75  
With fruit chutney, leaves and toast
- ✔ **Tomato, Red Pepper & Pesto Bruschetta** £6.25  
With rocket and balsamic reduction
- Moroccan Mussels** ..... £8.25  
Fresh mussels cooked with tomato, spinach, chickpeas and moroccan spices. Served with crusty bread
- Local Crab and Guacamole Salad** ..... £7.95  
With pink grapefruit, pea shoots, red chilli and stem ginger dressing
- Roasted Whole Tiger Prawns** ..... £6.95  
With tomato and garlic compote, rocket and a balsamic dressing

## FROM THE GRILL

- 10oz Rump Steak** ..... £18.45  
With sautéed cherry tomatoes, mushrooms, gourmet chips and peppercorn sauce
- Chargrilled Chicken** ..... £12.45  
With a mushroom, pancetta and cream sauce, rocket, parmesan and gourmet chips
- The Waterfront Burger** ..... £10.75  
Chargrilled beef burger in a sesame seed bun with tomato, gherkin, relish and gourmet chips
- With Cheese** ..... £11.75
- With Cheese & Bacon** ..... £12.75
- Slow Cooked Pork Ribs** ..... £15.95  
Succulent pork ribs coated in bbq sauce. Served with fries, salad and homemade mediterranean coleslaw

## MEDITERRANEAN

**Penne Ariola ..... £11.95**

Pan fried chicken breast with garlic, chilli, onion, tomato, basil and rocket

**✓ Mediterranean Quinoa Salad ..... £11.95**

Cooked quinoa mixed with feta cheese, cherry tomatoes, sweet peppers, cucumber, red onion, rocket, black olives and parsley. Served with honey and mustard dressing

**Slow Cooked Lamb Kleftiko ..... £17.25**

Traditional greek dish with braised lamb, garlic, rosemary, tomato and red wine. Served with seasonal potatoes and vegetables

**Spaghetti Marinara ..... £15.25**

Mixed seafood and spaghetti bound in a rich white wine, garlic, chilli and tomato sauce

**Mediterranean Fish Stew ..... £16.95**

Chunks of fresh fish and seafood with new potatoes, tomato, fennel and a white wine broth

**Chicken Skewers ..... £13.50**

Marinated in yoghurt, garlic, chilli and honey, served with a gem salad, ceasar dressing with anchovies, and parmesan

**✓ Butternut Squash Risotto ..... £12.95**

With mushrooms, garlic, sage, crème fraiche and rocket

**Spaghetti Bolognese ..... £10.95**

Traditional spaghetti bolognese made to chefs own recipe

**✓ Tagliatelle ai Funghi ..... £12.95**

Sautéed mushrooms with garlic, parsley, cream and parmesan

**Seafood Risotto ..... £15.25**

Fresh fish and seafood with garlic, dill and crème fraiche

**✓ Panzerotti ..... £13.95**

Half moon shaped pasta filled with spinach and ricotta, bound in a tomato sauce and topped with cheese. Served with garlic bread

**Mediterranean Chicken Salad ..... £13.25**

Chunks of chicken breast with marinated olives, feta cheese, red onion, cucumber, cherry tomatoes, mixed leaves and garlic croutons. With a honey and mustard dressing

**Spaghetti Carbonara ..... £12.95**

Sautéed mushrooms with smoked bacon, garlic, parmesan, cream and egg yolk

**Za'atar Salmon ..... £13.95**

Pan fried salmon fillet topped with aromatic mediterranean herbs with jewelled couscous and sun dried tomato dressing

## CRISPY FRIED FISH

**Traditional Fish and Chips ..... £11.95**

Freshly battered cod fillet and gourmet chips with mushy peas and tartare sauce

**Whole Tail Scampi ..... £12.95**

Crispy fried scampi with gourmet chips, peas and tartare sauce

**Duo of Whitebait and Calamari ..... £13.95**

Crispy fried whitebait and paprika calamari with mixed leaves and aioli

## FOR CHILDREN

**Margheritta Pizza & Fries ..... £5.50**

**Beef Burger, Fries & Beans ..... £5.50**

**Battered Cod Chunks, Fries & Peas ... £5.50**

**Penne Pasta, Chicken & Tomato Sauce £5.50**

**Chicken Bites, Fries & Beans ..... £5.50**

**Spaghetti, Tomato Sauce & Cheese .... £5.50**

## CHILDREN'S DESSERTS

**Chocolate Brownie Sundae ..... £3.25**

Chocolate Brownie Pieces, Vanilla Ice Cream, Whipped Cream and Chocolate Sauce

**Not so Fried Ice Cream ..... £3.25**

Vanilla Ice Cream rolled in Biscuit and Toasted Coconut, Served with Warm Caramel Sauce

**Chocolate & Banana Mess ..... £3.25**

Fresh Banana, Crushed Meringue, Chocolate Buttons, Whipped Cream and Chocolate Sauce

**A Selection of Ice Creams ..... £3.25**

**Vanilla Panna Cotta ..... £3.25**

with Mixed Berry Compote

**PLEASE ASK TO SEE  
OUR VEGAN MENU**

## DESSERTS

- Chef's Cheesecake** ..... £5.50  
With whipped cream and raspberry sauce
- Classic Tiramisu** ..... £5.50  
With whipped cream
- Summer Pudding** ..... £5.50  
With whipped cream and berry sauce
- Chocolate Brownie Sundae** ..... £5.50  
Chocolate brownie pieces, vanilla ice cream,  
whipped cream and chocolate sauce
- Salted Caramel & Chocolate Torte** ..... £5.50  
With whipped cream and chocolate sauce

- Vanilla Panna Cotta** ..... £5.50  
With mixed berry compote
- A Selection of Locally Made Ice Creams** ..... £5.50  
Vanilla Bean / Strawberry / Chocolate /  
Mint Choc Chip / Rum and Raisin
- Cheeseboard** ..... small £8.95  
..... large £15.95  
Isle of Wight Blue and Soft cheeses,  
Gallybagger and Isle of Wight Caerphilly.  
Served with fruit chutney, grapes, celery  
and crackers

All prices are inclusive of VAT



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