

NIBBLES

- ✔ **Marinated Mediterranean Olives** £3.95
Includes walnuts
- ✔ **Bread and Olives** £5.95
Marinated Mediterranean olives (includes walnuts), balsamic vinegar, olive oil and locally baked bread
- ✔ **Breadsticks and Dips** £4.25
Crisp breadsticks with aioli, muhammara and pea hummus

BAGUETTES

(Served from 12pm until 4pm)

- Egg Mayonnaise with Bacon** £6.50
- Smoked Salmon, Cream Cheese and Cucumber** £7.95
- ✔ **Hot Brie and Cranberry** £7.50
- Chicken Breast, Bacon and Mayonnaise** £7.50
- ✔ **Cheddar Cheese and Pickle** £6.50
- Tuna Mayonnaise with Sweetcorn** £6.75
- ✔ **Beetroot, Pea Hummus and Tomato**... £6.50

All baguettes are served with coleslaw, rocket and crisps

JACKET POTATOES

(Served from 12pm until 4pm)

- Tuna Mayonnaise and Sweetcorn**..... £6.95
- ✔ **Baked Beans and Cheese** £6.25
- Chilli Con Carne** £7.95
- Chicken, Spinach and Mushroom** £7.95

All jacket potatoes are served with coleslaw and salad

**PLEASE ASK TO SEE
OUR VEGAN MENU**

✔ - Vegetarian Dishes

STARTERS

- Crispy Fried Harissa Calamari** £7.95
With classic aioli and rocket
- ✔ **Warm Garlic Mushroom Profiteroles**.. £5.95
With creamed leeks, pea shoots and stilton sauce
- Crab Cakes**..... £6.95
With red onion salsa and tomato dressing
- Isle of Wight Soft Cheese and Serrano Ham Bruschetta** £6.95
With lemon, pea shoots and herb oil
- ✔ **Tomato, Chargrilled Courgette and Halloumi Salad**..... £6.45
With rocket and balsamic dressing
- Roasted Whole Tiger Prawns** £6.95
With lime, chilli and garlic
- Mediterranean Chicken & Red Pepper Terrine**..... £6.50
With mixed leaves and sun dried tomato dressing

**DON'T FORGET TO
ASK ABOUT OUR
DAILY SPECIALS**

SIDES

- Gourmet Chips** £3.50
- Cheesy Chips** £4.50
- French Fries** £3.25
- Sweet Potato Fries** £3.95
- Garlic Bread** £2.95
- Cheesy Garlic Bread** £3.95
- Mixed Salad** £2.95
- Seasonal Vegetables** £2.95
- Locally Baked Bread and Butter** £1.95

On any of our dishes, Gourmet Chips can be replaced with Sweet Potato Fries for a surcharge of £1.00

MEDITERRANEAN

Bouillabaisse £16.95

Classic french fish stew with fresh fish and shellfish, cooked with fennel, saffron, garlic, tomato and herbs

Tagliatelle Alfredo £12.95

Pan fried chicken breast with broccoli, garlic, blue cheese, parsley and tomato

✓ **Risotto De Otono** £12.95

With butternut squash, mushroom, chestnut and parmesan cheese

Spaghetti Pescatore £15.25

Mixed seafood and spaghetti bound in a spicy tomato sauce

Moroccan Lamb Shank £17.25

Slow cooked lamb shank, braised with tomato, chickpea, spinach and moroccan spices, served with roasted new potatoes

✓ **Tagliatelle Funghi** £13.25

Sautéed mushrooms and broccoli in a garlic, parsley and parmesan cream sauce

Marinated Chicken Skewers £13.75

Chicken strips marinated in yoghurt, garlic, chilli, harissa and honey, served on a caesar salad with fresh anchovies and parmesan cheese

Smoked Haddock and Pea Risotto ... £14.95

Flaked smoked haddock with prawns, leek, peas, parmesan and creme fraiche

Spaghetti Carbonara £12.95

Spaghetti bound with smoked bacon, garlic, parmesan, cream and egg yolk

CRISPY FRIED FISH

Traditional Fish and Chips £12.25

Beer battered cod fillet with gourmet chips, mushy peas and tartare sauce

Whole Tail Scampi £12.95

Crispy fried scampi with gourmet chips, garden peas and tartare sauce

Duo of Whitebait and Calamari £13.95

Crispy fried whitebait and spiced Calamari with mixed leaves and aioli

FROM THE GRILL

10oz Rib Eye Steak £19.95

With sautéed oyster mushrooms, cherry tomatoes, herby potatoes and stilton sauce

Chargrilled Chicken Breast £12.95

With roasted mediterranean vegetables, pesto, goats cheese and fries

The Waterfront Burger £10.95

Chargrilled beef burger in a seeded bun with tomato, gherkin, relish and gourmet chips

With Cheese £11.95

With Cheese & Bacon £12.95

The Waterfront Chicken Burger £12.95

Chargrilled chicken breast in a seeded bun with onion rings lettuce, tomato, sweet chilli sauce and gourmet chips

CHILDREN'S MENU

Margheritta Pizza & Fries £5.50

Beef Burger, Fries & Beans £5.50

Battered Cod Chunks, Fries & Peas ... £5.50

Penne Pasta, Chicken & Tomato Sauce £5.50

Chicken Bites, Fries & Beans £5.50

Spaghetti, Tomato Sauce & Cheese £5.50

CHILDREN'S DESSERTS

Chocolate Brownie Sundae £3.25

Chocolate brownie pieces, chocolate buttons, chocolate ice cream, cream & chocolate sauce

Banana Split £3.25

Half Banana, Vanilla Ice Cream, Cream, Raspberry Sauce

Sticky Toffee Sundae £3.25

Sticky Toffee Pieces, Vanilla Ice Cream, Cream, Toffee Sauce

A Selection of Ice Creams £3.25

Strawberry / Vanilla Bean / Chocolate / Mint Choc Chip

DESSERTS

The Waterfront Chocolate Brownie..... 5.50
with Vanilla Ice Cream and Chocolate Sauce

Chef's Cheesecake..... 5.50
with Ice Cream and Raspberry Sauce

Homemade Sticky Toffee Pudding 5.50
with Vanilla Ice Cream and Toffee Sauce

Chef's Creme Brulee 5.50
with Arlette Biscuits

Triple Chocolate Torte 5.50
with Vanilla Ice Cream and Chocolate Sauce

Selection of Isle of Wight Ice Creams .. £5.50
Vanilla Bean / Strawberry / Chocolate /
Mint Choc Chip / Rum and Raisin

Cheeseboard small £8.95
..... **large £15.95**

Isle of Wight Blue, Soft, Caerphilly and
Gallybagger Cheeses. Served with fruit
chutney, grapes, celery and crackers

All prices are inclusive of VAT



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 **tripadvisor**[®]
get the truth. then go.™

DOGS
ARE MOST
WELCOME
IN CERTAIN
AREAS



We have free Wi-Fi ~ **51E3D3A0AB**
(case sensitive password)



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www.eatbythesea.com