

NIBBLES

Garlic Focaccia V £6 Garlic & Cheese Foccacia V £7 Toasted Sourdough and Butter V £4 Truffle Oil & Parmesan Fries £7 Marinated Olives Vg/GF £5 Toasted Focaccia, Olives, Olive Oil & Balsamic Vg/GFA £9

Thick Cut Chips V £6 Cheesy Chips V £7 French Fries V £6 Crispy Onion Rings V £5 Waterfront Coleslaw V/GF £5 Parmesan Cheese £2 Gluten Free Bread Rolls and Butter V/GF £5

Waterfront Salad V/GF £6 Mixed Leaves, Cherry Tomatoes, Red Onion, Cucumber, Sweet Pepper, French Dressing

Waterfront Medley of Vegetable V/GF £7 Tenderstem Broccoli, Baby Carrots, Sugar Snap Peas, Asparagus, French Beans

STARTERS

Crispy Fried Cajun Calamari GF £9 Marinara Sauce Crispy Fried Moroccan Spiced Cauliflower Bites Vg/GF £8

With a Moroccan Zaalouk Dip & Turmeric Yoghurt

Chinese Pork Belly £9

Crispy Fried Panko Crusted Braised Pork Belly, Apple, Carrot, Mangetout, Pak Choi, Chinese Broth

Blackcurrant Cured Salmon £11

With Fennel Carpaccio, Pickled Shallot, Rye Bread, Blackcurrant Dressing, Lemon Creme Fraiche

Tuna Poke GF £11

Lightly Seared Fresh Tuna, Pickled Ginger, Sesame, Spring Onions, Rice & Ginger-Honey Dressing

Baked Camembert V/GFA £17

Topped with Cranberry, Pecan, Honey & Thyme. Served with Sourdough

MAINS

Chargrilled 10oz Ribeye Steak GF £29 With Thick Cut Chips, Slow cooked Balsamic Tomato, Mushroom Ketchup & Peppercorn Sauce

The Waterfront Burger GFA £18

Chargrilled Beef Patty, Streaky Bacon, Emmental Cheese, Tomato, Gherkin, Iceberg, Burger Sauce, Toasted Bun. Served with Fries & Coleslaw

Crispy Buttermilk Chicken Burger GFA £17

Marinated Chicken Breast, Streaky Bacon, Emmental Cheese, Guacamole, Chipotle Mayo, Iceberg, Toasted Bun. Served with Fries & Coleslaw

Waterfront Lasagne £18

Pork & Beef Lasagne with Smoked Bacon & Rosemary, Served with Focaccia Garlic Bread

Maple Bourbon BBQ Ribs £19

Slow Cooked Pork Ribs, Smothered in Maple Bourbon BBQ Sauce, Served with Fries & Coleslaw

Roasted Hake Fillet £21

Pan Fried Gnocchi, Crispy Kale, Cherry Tomato, Buttered Samphire, Mussels & Romesco Sauce

Thai Green Tiger Prawn Curry GF £21

Pan Fried Whole Tiger Prawns with Sugar Snap Peas, Red Pepper, Pak Choi in a Thai Green Curry Sauce. Served with Steamed Rice

Traditional Fish and Chips GFA £18

Beer Battered Cod Fillet, Thick Cut Chips, Mushy Peas & Tartare Sauce

Breaded Whole Tail Scampi GFA £17 Crispy Fried Scampi, Thick Cut Chips,

Garden Peas & Tartare Sauce

Vegan Berbere Spiced

Summer Vegetables Vg/GF £18 Charred Baby Carrots & Tenderstem Broccoli on Puy Lentils, Fennel & Red Onion with Minted Yoghurt & Tomato Oil

Vegan Thai Yellow Curry Vg/GF £18

Chickpea, Tomato, Coriander & Coconut Yellow Thai Curry. With Baby Carrots, Tenderstem Broccoli & French Beans. Served with Steamed Rice

We do not automatically add a gratuity to the bill, if you would like this added please ask when paying. Thank you.

KIDS ONLY MENU £7

Beef Burger, Fries & Beans GFA Pasta, Tomato Sauce & Cheese V/GFA Battered Cod, Chips & Garden Peas GFA BBQ Ribs & Fries Scampi, Chips & Garden Peas GFA Chicken Bites, Fries & Baked Beans

KIDS DESSERTS £5

Tropical Trio - Coconut Rice Pudding, Roasted Pineapple, Passionfruit Sorbet V/GF Warm Belguim Waffle, White Chocolate Sauce & Ice Cream V Chocolate Brownie & Ice Cream V Selection of Ice Cream V/GFA

> ONLY AVAILABLE FOR LUNCH 12 - 2.45pm

SANDWICHES £9

(Gluten Free Bread Rolls £2 Extra) With Fries

Toasted Focaccia, Sliced Chicken Breast, Melted Goats Cheese & Rocket

Toasted Focaccia, Roast Topside of Beef, Tomato Compote & Rocket

Toasted Focaccia, Chargrilled Vegetables, Blue Cheese & Tomato Compote

JACKET POTATOES £9

With Waterfront Coleslaw

Vegan Thai Yellow Curry Bacon, Sausage & Cheese Tuna & Spring Onion Mayonnaise Baked Beans & Cheese

Sticky Toffee Pudding V With Toffee Sauce & Vanilla Ice Cream Tropical Medley Vg/GF Roasted Pineapple, Coconut Rice Pudding, Passionfruit Sorbet, Malibu Kiwi & Mango Sauce Warm Chocolate Brownie V With Honeycomb Ice Cream & White Chocolate Sauce Mojito Posset V/GF White Rum Syrup, Mint, Lime & Meringue White Chocolate Panna Cotta V/GF Poached Strawberry, Crushed Pistachio, Strawberry Sauce Selection of Isle of Wight Ice Creams or Sorbets V/GFA 3 scoops of Ice Cream or Sorbet in a Waffle Basket Strawberry / Honeycomb / Vanilla / Mango Sorbet / Vegan Wild Berry / Vegan Chocolate Brownie



Some of our food contains allergens, Please speak to a member of staff for more information.

V = Vegetarian / Vg = Vegan / GF = Gluten Free GFA = Gluten Free Option Available (Ask a member of staff) Although all of our chips and fries are gluten free, our fryers are not.





01983 756969 www.eatbythesea.com