

NIBBLES

Garlic Focaccia V £6

Garlic & Cheese Focaccia V £7

Toasted Sourdough & Butter V £4

Toasted Focaccia & Olives V/GFA £7

Truffle Oil and Parmesan Fries £7

Marinated Olives Vg/GF £6

**Toasted Focaccia, Olives,
Olive Oil & Balsamic V/GFA £10**

STARTERS

Vegan Sweet Potato & Broccoli Salad Vg/GF £9

Roasted Sweet Potato, Tenderstem Broccoli,
Golden Raisin, Pickled Shallot, Cashews,
Cinnamon, Ginger, Herb Yoghurt

Crispy Fried Cajun Calamari GF £10

Marinara Sauce

Scorched Isle of Wight Fetter Cheese V £9

With Mediterranean Jewelled Couscous, Tomato
Compote, Crispy Flatbread, Basil Oil, Balsamic Glaze

Chinese Pork Belly £10

Crispy Fried Panko Crusted Braised Pork Belly, Apple,
Carrot, Mangetout, Pak Choi, Chinese Broth

Isle of Wight Crab Salad GF £13

Fresh White & Brown Crab Meat, Pink Grapefruit,
Creme Fraiche, Pea Shoots, Cucumber,
Stem Ginger Dressing

Tuna Poke GF £12

Lightly Seared Fresh Tuna, Pickled Ginger, Sesame,
Spring Onions, Jasmine Rice & Ginger-Honey Sauce

JACKET POTATO £10

With Waterfront Coleslaw

Prawn Mary Rose GF

Vegan Thai Yellow Curry Vg/GF

Bacon, Sausage & Cheese

Tuna & Spring Onion Mayonnaise GF

Baked Beans & Cheese GF

SHARING (FOR 2)

Mediterranean Vegetable Platter V/GFA £26

Toasted Focaccia, Hummus, Falafels, Rocket,
Olives, Peppadew Peppers, Sun Blush Tomatoes,
Mediterranean Couscous, Olive Oil & Balsamic

Seafood Platter GFA £36

Smoked Salmon, Cold Water Prawns, Anchovies,
Smoked Mackerel Pate, Green Lip Mussels,
Mary Rose Sauce, Rocket, Lemon, Cherry Tomatoes,
Cucumber, Butter, Sourdough

Baked Camembert V/GFA £18

Topped with Cranberry, Pecan, Honey & Thyme.
Served with Sourdough

MAINS

Maple Bourbon BBQ Ribs £20

Slow Cooked Pork Ribs, smothered in a Maple Bourbon
BBQ Sauce, served with Fries & Coleslaw

The Waterfront Burger GFA £18

Chargrilled Beef Patty, Streaky Bacon, Emmental
Cheese, Tomato, Gherkin, Iceberg, Burger Sauce,
Toasted Bun Served with Fries & Coleslaw

Crispy Buttermilk Chicken Burger GFA £18

Marinated Chicken Breast, Streaky Bacon, Emmental
Cheese, Gauacamole, Chipotle Mayo, Iceberg, Toasted
Bun Served with Fries & Coleslaw

Traditional Fish & Chips GFA £18

Beer Battered Cod Fillet, Thick Cut Chips,
Mushy Peas & Tartare Sauce

Breaded Whole Tail Scampi GFA £18

Crispy Fried Scampi, Thick Cut Chips,
Garden Peas & Tartare Sauce

Seafood Pasta GFA £21

King Prawns, Mussels, Calamari, Octopus, Samphire
and Casarecce Pasta, Bound in a White Wine, Chilli,
Garlic & Tomato Sauce

Vegan Thai Yellow Curry Vg/GF £19

Chickpea, Tomato, Coriander & Coconut Yellow Thai
Curry. With Baby Carrots, Tenderstem Broccoli & French
Beans. Served with Steamed Rice

LUNCH MENU

SIDES

Thick Cut Chips **V** £6

Cheesy Chips **V** £7

French Fries **V** £6

Truffle Oil & Parmesan Fries £7

Crispy Onion Rings **V** £6

Waterfront Coleslaw **V/GF** £5

Parmesan Cheese £2

Gluten Free Bread Rolls & Butter **V/GF** £5

Waterfront Salad **V/GF** £6

Mixed Leaves, Cherry Tomatoes, Red Onion,
Cucumber, Sweet Pepper, French Dressing

Medley of Summer Vegetable **V/GF** £7

Tenderstem Broccoli, Baby Carrots,
Sugar Snap Peas, Asparagus, French Beans

DESSERTS £8

White Chocolate Panna Cotta **V/GF**

Poached Strawberry, Crushed Pistachio,
Strawberry Sauce

Vegan Tropical Medley **Vg/GF**

Coconut Rice Pudding, Tropical Fruit Compote
Passionfruit Sorbet, & Mango Sauce

Warm Chocolate Brownie **V**

With Honeycomb Ice Cream & White Chocolate Sauce

Selection of Isle of Wight Ice Creams **V/GFA**

3 scoops of Ice Cream or Sorbet

Strawberry / Vanilla / Honeycomb

Passionfruit Sorbet / Mango Sorbet

Vegan Wild Berry / Vegan Chocolate Brownie

KIDS ONLY MENU £7

Beef Burger, Fries & Baked Beans **GFA**

Pasta, Tomato Sauce & Cheese **V/GFA**

Battered Cod, Chips & Garden Peas **GFA**

BBQ Ribs & Fries

Scampi, Chips & Garden Peas **GFA**

Chicken Bites, Fries & Baked Beans

KIDS DESSERTS £5

Chocolate Brownie & Ice Cream **V**

Warm Belgium Waffle,

White Chocolate Sauce & Ice Cream

Tropical Trio - Coconut Rice Pudding,
Passionfruit Sorbet, Tropical Fruit Compote **V/GF**

Selection of Ice Cream **V/GFA**



V = Vegetarian / **Vg** = Vegan / **GF** = Gluten Free
gfa = Gluten Free Option Available (Ask a member of staff)

Although all of our chips and fries
are gluten free, our fryers are not.

Some of our food contains allergens, Please
speak to a member of staff for more information.



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