

**STARTERS**

**Crispy Fried Shichimi Spiced Calamari GF £12**  
With Spring Onion, Lemon & Tarragon Tartare Sauce

**Rum Cured Salmon GFA £13**  
Topped with Roasted Coriander Seed  
With Sweet Chilli Pearls, Cucumber,  
Toasted Croute, Coriander Mayo

**Pickled Mackerel GF £12**  
Lightly Pickled Local Mackerel Fillet, Pickled Shallot,  
Cucumber, New Potato & Tomato Broth

**Marinated Tenderstem Broccoli Salad Vg/GF £11**  
With Rocket, Pecans, Sesame Seeds, Red Onion,  
Golden Raisins & Black Garlic Dressing

**Mexican Pork Croquette £12**  
Crispy Fried Panko Crusted Mexican Spiced Braised  
Pork Shoulder with Shredded Iceberg, Sour Cream,  
Guacamole, Mexican Salsa

**Baked Camembert V/GFA £19**  
Topped with Slow Roasted Balsamic Tomatoes  
Served with Sourdough

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Separate **Garden Menu** available for dining outside

**MAINS**

**Red Wine Braised Beef Shin £24**

Slow Braised Beef Shin with Parmesan Dauphinoise Potatoes, Celeriac Puree, Wild Mushrooms, Tenderstem Broccoli & Red Wine Jus

**Maple & Bourbon BBQ King Rib GF £20**

Slow Cooked Pork Belly King Rib, Smothered in Maple Bourbon BBQ Sauce, Served with Skin On Fries & Coleslaw

**The Waterfront Burger GFA £19**

Chargrilled Beef Patty, Streaky Bacon, Emmental Cheese, Tomato, Gherkin, Iceberg, Burger Sauce, Toasted Bun Served with Skin On Fries & Coleslaw

**Crispy Buttermilk Chicken Burger GFA £18.50**

Marinated Chicken Thigh, Red Onion, Sriracha Mayo, Guacamole, Iceberg, Toasted Bun. Served with Skin On Fries & Coleslaw

**Seafood Puttanesca Pappardelle GFA £23**

King Prawns, Mussels, Calamari, Samphire & Pappardelle Pasta bound in a Tomato Sauce with Olives, Garlic, Capers & Oregano

**Sri Lankan King Prawn Curry GF £23**

Pan Fried Spiced King Prawn Tails Cooked in a Mild Sri Lankan Curry Sauce with Tomato, Coconut, Pak Choi & Sugar Snap Pea Served with Steamed Rice

**Roasted Haddock Fillet GF £23**

With Diced New Potatoes, Sweet Chilli Pearls, Samphire, Sugar Snap Peas, Mussels & Herb Cream

**Traditional Fish and Chips GFA £19.50**

Beer Battered Cod Fillet, Skin On Thick Cut Chips, Mushy Peas & Tartare Sauce

**Breaded Whole Tail Scampi GFA £18.50**

Crispy Fried Scampi, Skin On Thick Cut Chips, Garden Peas & Tartare Sauce

**Black Garlic & Mushroom Stroganoff Vg/GF £21**

Chestnut Mushroom, Wild Mushroom & Isle of Wight Black Garlic Stroganoff with Paprika & Yoghurt. Served with Steamed Rice

**Vegan Aubergine Tagine Vg/GF £20**

Moroccan Spiced Aubergine & Chickpea Stew with Tomato, Quinoa, Baby Spinach & Apricot

We do not automatically add a gratuity to the bill, if you would like this added please ask when paying - Thank you.



Find us on Instagram -  
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[facebook.com/eatbythesea](https://facebook.com/eatbythesea)

**01983 756969**

**[www.eatbythesea.com](http://www.eatbythesea.com)**

## NIBBLES

Garlic Focaccia **V** £6.50

Garlic & Cheese Focaccia **V** £7.50

Toasted Sourdough and Butter **V** £4.50

Truffle Oil & Parmesan Fries £7.50

Marinated Olives **Vg/GF** £6.50

Marinated Olives &  
Toasted Focaccia **V/GFA** £9.50

Toasted Focaccia, Marinated Olives  
Olive Oil & Balsamic **V/GFA** £11

Skin On Chips **V** £6.50

Cheesy Chips **V** £7.50

Skin On Fries **V** £5.50

Crispy Panko Onion Rings **V** £6.50

Waterfront Coleslaw **V/GF** £5.50

Parmesan Cheese £3

Gluten Free Bread Rolls and Butter **V/GF** £5

Waterfront Salad **V/GF** £6.50

Rocket, Cherry Tomato, Red Onion, Cucumber,  
Sweet Pepper, Balsamic Dressing

Waterfront Medley of Vegetable **V/GF** £8

Tenderstem Broccoli, Baby Carrots,  
Sugar Snap Peas, Asparagus

FOR LUNCH ONLY ~ 12-2.30pm

## SANDWICHES £11

Served with Skin On Fries  
(Gluten Free Bread Rolls £2 Extra)

Toasted Focaccia, Smoked Salmon,  
Cream Cheese & Wasabi Cucumber

Toasted Focaccia, Pastrami Beef,  
Tomato, Gherkin & Mustard

Toasted Focaccia, Chickpea,  
Pecan & Cranberry, Red Onion & Rocket

## GF JACKET POTATO £11

Served with Waterfront Coleslaw

Vegan Mushroom Stroganoff

Smoked Salmon,  
Cream Cheese & Wasabi Cucumber

Bacon, Sausage & Cheese

Chickpea, Pecan & Cranberry

Baked Beans & Cheese

Separate **Garden Menu** available for dining outside

**V** = Vegetarian / **Vg** = Vegan / **GF** = Gluten Free  
**GFA** = Gluten Free Option Available (Ask a member of staff)

Some of our food contains allergens, Please  
speak to a member of staff for more information.

**DESSERTS** £8

**Cheesecake of the Week V**

**Caribbean Rum Pineapple V/GF**

Chargrilled Rum Marinated Pineapple, Coconut Ice Cream, Rum Caramel Sauce & Flaked Coconut

**Chocolate Nemesis V/GF**

With Blackberry Sauce, Clotted Cream Ice Cream

**Crème Catalana V**

Spanish Custard Dessert Flavoured with Orange & Cinnamon, Topped with Caramelised Sugar. Served with a Florentine Biscuit

**Strawberry Shortbread (Vegan & GF available)**

Fresh Strawberries, Vanilla Shortbread, Strawberry Sauce, Mint, Raspberry Sorbet

**Selection of Ice Creams or Sorbets V/GFA**

3 scoops of Ice Cream or Sorbet

Coconut / Clotted Cream

Honeycomb / Raspberry Sorbet

Vegan Wild Berry / Vegan Chocolate Brownie

**KIDS ONLY MENU** £7

**Beef Burger in a Bun,  
Skin On Fries & Baked Beans GFA**

**Roast Cod Fillet, New Potatoes & Vegetables**

**Puttanesca Pasta & Cheese V/GFA**

**Fish & Chips with Garden Peas GFA**

**½ BBQ King Rib, Skin On Fries & Coleslaw GF**

**Scampi & Chips with Garden Peas GFA**

**Chicken Bites, Fries & Baked Beans**

**KIDS DESSERTS** £5

**Chocolate Nemesis & Ice Cream V/GF**

**Warm Belgium Waffle,  
White Chocolate Sauce & Ice Cream**

**Strawberries, Vanilla Shortbread  
& Ice Cream Vg/GF**

**Selection of Ice Cream V/GFA**

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